

# Frequently Asked Questions



## Who is Marathon Health?

Marathon Health is an industry leader in employer-sponsored healthcare, which means they partner with companies to provide its employees with primary care services that are conveniently located onsite, nearby or virtually. Marathon Health partners with more than 200 employers and operates more than 200 health centers across the country.

Marathon Health's mission is to improve the lives of millions by providing its members with preventive care that is conveniently located and offered at little or no cost. Patients (members) at Marathon Health often see significant improvements in their overall health. Visit the Marathon Health website and read the stories of patients who have benefited from the care at Marathon Health centers at:

[www.marathon-health.com/healthylikeme](http://www.marathon-health.com/healthylikeme).

## Why Should I go to the Center at Marathon Health?

The Center is a convenient place for all eligible participants to obtain preventive and sick care as well as health coaching and condition management. There are several benefits for using the Center:

- **Time:** Little or no waiting – most appointments are complete in about 20 minutes, unless your appointment is for a one-time Comprehensive Health Review.
- **Cost:** Healthcare and coaching services are free or available for a small co-pay depending on coverage by a District health plan.
- **Convenience:** Fast access to care for diagnosis and treatment of illness or injury.
- **Efficiency:** No need to drive long distances for an appointment or lab test.

## Can I still see my primary care provider?

Yes. The healthcare provided at Marathon Health is available for you to use if you choose. The services may be used to supplement or replace your primary care provider. If you need to be referred for specialty care, the onsite Physician Assistant or Nurse Practitioner can provide the referral and help you understand your best healthcare options. In addition to primary care, the health center also has an onsite Registered Nurse for health coaching needs, as well as Physical Therapist.

## What services are available through Marathon Health?

Services include preventive care (annual exams and screenings), sick care, chronic condition management (diabetes, hypertension, high cholesterol), health coaching (weight loss, smoking cessation, stress management), behavioral health counseling (anxiety, addiction, depression) and lab services (blood and urine tests). Physical Therapy services are also available for members.

## Can a Marathon Health provider prescribe medications?

A Marathon Health provider can dispense approximately 150+ medications. Marathon Health requires a consultation with a provider when filling a prescription to ensure complete oversight of your medical treatment. Medications that are considered controlled substances, such as narcotics, will not be available onsite.

## Will my personal health information be kept private?

Yes. The care you receive at Marathon Health and your personal health information are protected by state and federal law. Your personal health information will not be shared with your employer without your written consent. For more information, go to [marathon-health.com/privacy](http://marathon-health.com/privacy).

### LOCATION

915 E. Fairfield Dr.  
Pensacola, FL  
32503

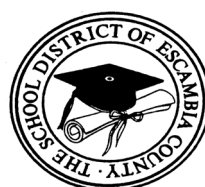
### CENTER HOURS

M&W: 6 am - 5 pm  
T & Th: 6 am - 7 pm  
Fri: 6 am - 12 pm  
Sat: 8 am - 12 pm

### PHONE

850-444-3400

**TO SCHEDULE AN APPOINTMENT  
CALL 850-444-3400 OR VISIT  
[my.marathon-health.com](http://my.marathon-health.com)**



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